

Dobbs Ferry HS & MS

December 2022 Breakfast Menu

Free & Reduced Applications available on DFSD website under meals and other payments.

28	29	30	1	2
Fluffy Pancakes w/ Syrup Assorted WG Muffins 100% Orange Juice Apple Slices Milk	Waffles w/ Syrup Assorted Cereals Chocolate Chip Muffin Petite Banana 100% Apple Juice Milk	Bacon Egg & Cheese Wrap Assorted Muffins Cantaloupe Grape Juice Milk	Waffles w/ Syrup Assorted Cereals Apple Cinnamon Muffin Apple Sauce 100% Apple Juice Milk	Breakfast Pizza Red Apple Assorted WG Muffins Orange Apple Juice Milk
5	6	7	8	9
French Toast w/ Syrup Chicken Sausage Assorted Cereals Sweet Raisins 100% Apple Juice Milk	Waffles w/ syrup Assorted Muffins Red Apple Orange Juice Milk	Sausage Egg & Cheese Quesadilla Assorted Cereals Petite Banana 100% Grape Juice Milk	Waffles/ Syrup Turkey bacon Assorted Cereals Apple Slices Milk	Sausage Egg & Cheese Biscuit Assorted Cereals Orange Wedge 100% Orange Juice Milk
12	13	14	15	16
French Toast Sticks w/ Syrup Turkey Bacon Assorted WG Muffins Sweet Raisins 100% Fruit Juice Milk	Waffles w/ Syrup Assorted Cereals Apple Sauce 100% Orange Juice Milk	Scrambled Eggs & Turkey Bacon Assorted Cereal Fresh Grapes Milk	Waffles w/ Syrup Turkey Bacon WG Muffins Apple Slices 100% Orange Juice Milk	Breakfast Burrito Assorted WG Muffins Orange Smiles 100% Fruit Juice Milk
19	20	21	22	23
Pancakes w/ syrup Chicken Sausage Assorted Cereals Red Apple Milk	Waffles/ Syrup Turkey Bacon Assorted Cereals Petite Banana Milk	Bacon, Egg & Cheese Flatbread Banana Muffin Honeydew Melon 100% Fruit Juice Milk	Waffles & Syrup Chicken Sausage Assorted Cereals Raisins 100% Orange Juice Milk	Apple Frudel Assorted Cereals Fresh Grapes 100% Apple Juice Milk
26	27	28	29	30
Happy Holiday's Schools Closed	Happy Holiday's Schools Closed	Happy Holiday's Schools Closed	Happy Holiday's Schools Closed	Happy Holiday's Schools Closed

More info... Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)
Yogurt Parfait with Fresh fruit & Granola
WG Reduced Sugar Cereals served with Cheese Stick
Fresh Fruit & 100% Fruit Juice

. Earn while they learn! Looking for a part time job? Aramark, Dobbs Ferry's Food Service is now accepting applications! Contact Kathy Weinberg 914-693-1500 ext 3011.

More info... Any Questions or Concerns please contact FSD Kathy Weinberg 914-693-1500 ext: 3011.
"If you have an allergy please speak to the owner, manager, chef or server."

Paid breakfast price
\$1.25



Dobbs Ferry High & Middle School December 2022 Lunch Menu

Fresh Salads and Deli Sandwiches
Made to Order Daily

Free & Reduced Applications available on DFSD website under meals and other payments.

<p>28</p> <p>Chicken Pasta Alfredo Garlic Toast Baby Carrots Apple Slices Milk</p>	<p>29</p> <p>Beef Nachos w/ Cheese Sauce Kickin Pinto Beans Mexacali Corn Red Pepper Strips Petite Banana Milk</p>	<p>30</p> <p>Chicken Patty on Bun Baked Fries Roasted Cauliflower Sweet Grapes Milk</p>	<p>1</p> <p>Meatball Parmesan Hero Celery Sticks Red Apple Milk</p>	<p>2</p> <p>Pizza Sticks w/ Tomato Dipping Sauce Dinner Roll Roasted Zucchini Sweet Raisins Milk</p>
<p>5</p> <p>Chicken Nuggets BBQ Sauce Mashed Potato Green Beans Red Apple Milk</p>	<p>6</p> <p>Cheese or Chicken & Cheese Quesadilla Sante Fe Rice Charro Beans Cantaloupe Wedge Milk</p>	<p>7</p> <p>BBQ Pulled Pork on Roll Baked Fries Coleslaw w/ Craisins Orange Milk</p>	<p>8</p> <p>Pancakes w/ Syrup Hash Brown Chicken Sausage Baby Carrots Petite Banana Milk</p>	<p>9</p> <p>Grilled Cheese with or w/o Ham Steamed Spinach Celery Sticks Apple Sauce Milk</p>
<p>12</p> <p>Chicken Potato Gravy Bowl Baked Beans Honeydew Melon Milk</p>	<p>13</p> <p>Beef Bean & Rice Burrito Salsa Mexacali Rice Campfire Beans Raisins Milk</p>	<p>14</p> <p>Baked Ziti Breadstick Zucchini Squash Apple Slices Milk</p>	<p>15</p> <p>Turkey Soft Tacos Pico de Gallo Cheddar Cheese Cilantro Rice Campfire Beans Orange Wedge Milk</p>	<p>16</p> <p>Macaroni & Cheese with or w/o Buffalo Chicken WG Dinner Roll Cucumber Slices Mixed Berry Cup Milk</p>
<p>19</p> <p>Herb Roasted Chicken Mashed Potatoes Broccoli Orange Wedge Milk</p>	<p>20</p> <p>Spaghetti & Meat sauce Garlic Toast Roast Garden Vegetables Sweet Raisins Apple Juice Milk</p>	<p>21</p> <p>Burger Bar Burgers (Including Vegetarian) Lettuce, Tomato & Onion Baked Fries Red Apple Milk</p>	<p>22</p> <p>BRUNCH for LUNCH French Toast Sticks Sweet Potato Fries Chicken Sausage Garden Vegetable Fresh Fruit Milk</p>	<p>23</p> <p>Early Dismissal No Lunch Services Today</p>
<p>26</p> <p>Happy Holiday's Winter Break</p>	<p>27</p> <p>Happy Holiday's Winter Break</p>	<p>28</p> <p>Happy Holiday's Winter Break</p>	<p>29</p> <p>Happy Holiday's Winter Break</p>	<p>30</p> <p>Happy Holiday's Winter Break</p>

More info... Offered Daily

Daily Pre-made Sandwich Selections: Turkey, Ham, Salami & Cheese
Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery, Cucumber and Legume Salad

More info... Daily Information: All meals Served with Choice of

1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)
All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner Rolls. Leafy Green Salads Served Daily